

21-Day Reset

Week 1 (January 13-19)

DAY 1 (January 13)

Read it: Hebrews 12:2

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

DAY 2 (January 14)

Read it: 2 Corinthians 12:9

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

DAY 3 (January 15)

Read it: Psalm 25:4-5

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

4 DAILY DECLARATIONS

- *I will set my mind on Truth every day. (Hebrews 12:2)*
- *My worth is found in Christ alone. (1 John 3:1)*
- *My past will not define me. (Psalm 103:12)*
- *I live under supernatural protection. (Psalm 91:1-2)*

DAY 4 (January 16)

Read it: Psalm 86:11-13

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

DAY 5 (January 17)

Read it: Psalm 73:26

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

DAY 6 (January 18)

Read it: Ephesians 4:14-15

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____

DAY 7 (January 19)

Read it: Colossians 2:7

Say it: Say the 4 Daily Declarations out loud

Write it: A couple things you're grateful for today

- _____
- _____

Pray it: Write down a few things you're praying for today, then PRAY!

- _____
- _____